

# OTTER TRAIL GUIDE

## TIDES NOV 2019

### DAY 1

**HUT:** Ngubu  
**DISTANCE:** 4.8 km  
**TIME:** 3.5 hours

**NOTES:**  
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

### DAY 2

**HUT:** Scott  
**DISTANCE:** 7.9 km  
**TIME:** 5.5 hours

**NOTES:**  
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

### DAY 3

**HUT:** Oakhurst  
**DISTANCE:** 7.7 km  
**TIME:** 5.5 hours

**NOTES:**  
Keep costume and sandals close to hand for two river crossings.

### DAY 4

**HUT:** Andre  
**DISTANCE:** 13.8 km  
**TIME:** 8 hours

**NOTES:**  
Major river crossing at Bloukraans River\*. See Profile Map below.

### DAY 5

**HUT:** De Vasselot  
**DISTANCE:** 8.8 km  
**TIME:** 3 hours

**NOTES:**  
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

\* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

**Please note:** This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0528	1856	0623	1832	0000	1208
2	0527	1857	0700	1907	0034	1248
3	0526	1858	0745	1952	0112	1339
4	0526	1859	0859	2109	0200	1508
5	0525	1900	1129	2345	0335	1751
6	0524	1900	1237	----	0610	1850
7	0523	1901	0053	1319	0702	1927
8	0522	1902	0135	1353	0737	1959
9	0521	1903	0210	1424	0807	2028
10	0520	1904	0242	1454	0836	2058
11	0519	1905	0312	1523	0903	2127
12	0519	1906	0342	1554	0932	2157
13	0518	1907	0413	1625	1001	2228
14	0517	1908	0445	1657	1031	2259
15	0517	1909	0517	1731	1104	2334
16	0516	1910	0553	1809	1140	----
17	0515	1911	0633	1852	0012	1224
18	0514	1912	0721	1947	0057	1319
19	0513	1913	0829	2105	0153	1439
20	0512	1914	1013	2255	0310	1654
21	0512	1915	1151	----	0507	1822
22	0511	1916	0021	1252	0628	1917
23	0511	1917	0120	1341	0720	2001
24	0510	1918	0210	1425	0804	2042
25	0510	1919	0254	1507	0845	2121
26	0510	1920	0336	1547	0923	2158
27	0510	1921	0416	1626	1001	2233
28	0509	1922	0454	1702	1038	2307
29	0509	1923	0530	1737	1115	2340
30	0509	1924	0606	1811	1152	----

## THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. [www.theotter.co.za](http://www.theotter.co.za)

