

OTTER TRAIL GUIDE

TIDES SEPT 2019

DAY 1

HUT: Ngubu
DISTANCE: 4.8 km
TIME: 3.5 hours

NOTES:
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

DAY 2

HUT: Scott
DISTANCE: 7.9 km
TIME: 5.5 hours

NOTES:
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

DAY 3

HUT: Oakhurst
DISTANCE: 7.7 km
TIME: 5.5 hours

NOTES:
Keep costume and sandals close to hand for two river crossings.

DAY 4

HUT: Andre
DISTANCE: 13.8 km
TIME: 8 hours

NOTES:
Major river crossing at Bloukraans River*. See Profile Map below.

DAY 5

HUT: De Vasselot
DISTANCE: 8.8 km
TIME: 3 hours

NOTES:
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

Please note: This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0646	1810	0517	1736	1109	2340
2	0645	1810	0556	1815	1146	----
3	0644	1811	0634	1853	0019	1222
4	0642	1812	0712	1933	0058	1259
5	0641	1812	0753	2017	0139	1341
6	0639	1813	0846	2119	0227	1436
7	0637	1814	1043	2331	0344	1658
8	0636	1814	1252	----	0635	1903
9	0634	1815	0107	1348	0736	1953
10	0633	1816	0159	1427	0815	2027
11	0632	1816	0237	1459	0845	2057
12	0630	1817	0310	1529	0912	2124
13	0629	1818	0340	1558	0937	2151
14	0627	1818	0408	1625	1002	2218
15	0626	1819	0435	1652	1027	2246
16	0625	1820	0501	1718	1051	2314
17	0623	1820	0528	1745	1116	2342
18	0622	1821	0555	1813	1142	----
19	0620	1822	0624	1844	0013	1210
20	0619	1822	0657	1921	0047	1243
21	0617	1823	0739	2012	0128	1328
22	0616	1824	0842	2135	0225	1441
23	0615	1825	1050	2350	0358	1736
24	0613	1825	1251	----	0629	1908
25	0612	1826	0112	1346	0731	1958
26	0611	1827	0207	1432	0815	2041
27	0609	1827	0253	1514	0855	2121
28	0608	1828	0336	1554	0932	2200
29	0607	1829	0417	1633	1009	2239
30	0606	1830	0455	1711	1044	2316

THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. www.theotter.co.za

