

# OTTER TRAIL GUIDE

## TIDES JULY 2019

### DAY 1

**HUT:** Ngubu  
**DISTANCE:** 4.8 km  
**TIME:** 3.5 hours

**NOTES:**  
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

### DAY 2

**HUT:** Scott  
**DISTANCE:** 7.9 km  
**TIME:** 5.5 hours

**NOTES:**  
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

### DAY 3

**HUT:** Oakhurst  
**DISTANCE:** 7.7 km  
**TIME:** 5.5 hours

**NOTES:**  
Keep costume and sandals close to hand for two river crossings.

### DAY 4

**HUT:** Andre  
**DISTANCE:** 13.8 km  
**TIME:** 8 hours

**NOTES:**  
Major river crossing at Bloukraans River\*. See Profile Map below.

### DAY 5

**HUT:** De Vasselot  
**DISTANCE:** 8.8 km  
**TIME:** 3 hours

**NOTES:**  
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

\* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

**Please note:** This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0734	1729	0245	1514	0857	2110
2	0734	1729	0330	1557	0939	2153
3	0734	1730	0415	1640	1020	2237
4	0734	1730	0459	1724	1102	2322
5	0734	1731	0545	1808	1144	----
6	0734	1731	0630	1854	0010	1227
7	0734	1732	0716	1943	0059	1311
8	0734	1732	0806	2039	0153	1359
9	0733	1733	0904	2145	0254	1456
10	0733	1733	1018	2303	0412	1611
11	0733	1734	1148	----	0543	1746
12	0732	1735	0018	1304	0656	1902
13	0732	1735	0121	1402	0750	1957
14	0731	1736	0213	1449	0834	2041
15	0731	1736	0258	1530	0912	2120
16	0731	1737	0338	1607	0946	2155
17	0730	1738	0414	1640	1017	2229
18	0730	1738	0447	1712	1047	2301
19	0729	1739	0518	1742	1116	2333
20	0729	1740	0548	1812	1144	----
21	0728	1740	0617	1843	0005	1213
22	0728	1741	0648	1917	0040	1244
23	0727	1742	0722	1957	0118	1317
24	0727	1742	0803	2047	0203	1359
25	0726	1743	0858	2154	0259	1455
26	0725	1744	1016	2316	0414	1622
27	0725	1744	1200	----	0548	1811
28	0724	1745	0034	1318	0703	1922
29	0723	1746	0136	1414	0758	2015
30	0723	1746	0230	1502	0845	2102
31	0722	1747	0319	1547	0929	2147

## THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. [www.theotter.co.za](http://www.theotter.co.za)

