

# OTTER TRAIL GUIDE

## TIDES DEC 2018

### DAY 1

**HUT:** Ngubu  
**DISTANCE:** 4.8 km  
**TIME:** 3.5 hours

**NOTES:**  
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

### DAY 2

**HUT:** Scott  
**DISTANCE:** 7.9 km  
**TIME:** 5.5 hours

**NOTES:**  
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

### DAY 3

**HUT:** Oakhurst  
**DISTANCE:** 7.7 km  
**TIME:** 5.5 hours

**NOTES:**  
Keep costume and sandals close to hand for two river crossings.

### DAY 4

**HUT:** Andre  
**DISTANCE:** 13.8 km  
**TIME:** 8 hours

**NOTES:**  
Major river crossing at Bloukraans River\*. See Profile Map below.

### DAY 5

**HUT:** De Vasselot  
**DISTANCE:** 8.8 km  
**TIME:** 3 hours

**NOTES:**  
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

\* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

**Please note:** This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0509	1925	1132	----	0439	1809
2	0509	1925	0003	1238	0610	1907
3	0509	1926	0107	1328	0707	1952
4	0509	1927	0158	1412	0752	2031
5	0509	1927	0241	1451	0831	2105
6	0509	1928	0320	1528	0906	2138
7	0509	1929	0356	1602	0940	2209
8	0509	1930	0430	1635	1013	2239
9	0510	1930	0502	1705	1045	2309
10	0510	1931	0533	1735	1118	2338
11	0510	1932	0604	1806	1152	----
12	0510	1932	0637	1838	0009	1228
13	0510	1933	0714	1916	0043	1311
14	0511	1934	0802	2005	0122	1406
15	0511	1934	0911	2113	0211	1523
16	0511	1935	1042	2252	0325	1704
17	0511	1936	1157	----	0513	1819
18	0512	1936	0020	1252	0628	1911
19	0512	1937	0118	1338	0719	1955
20	0513	1937	0206	1421	0802	2036
21	0513	1938	0250	1505	0844	2117
22	0514	1939	0333	1549	0926	2158
23	0514	1939	0416	1633	1009	2239
24	0515	1940	0459	1718	1054	2321
25	0516	1940	0543	1803	1140	----
26	0517	1940	0629	1848	0003	1229
27	0518	1941	0717	1937	0047	1321
28	0518	1941	0811	2032	0133	1422
29	0519	1941	0917	2141	0226	1540
30	0519	1942	1038	2314	0336	1721
31	0520	1942	1158	----	0513	1840

## THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. [www.theotter.co.za](http://www.theotter.co.za)

