

OTTER TRAIL GUIDE

TIDES NOV 2018

DAY 1

HUT: Ngubu
DISTANCE: 4.8 km
TIME: 3.5 hours

NOTES:
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

DAY 2

HUT: Scott
DISTANCE: 7.9 km
TIME: 5.5 hours

NOTES:
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

DAY 3

HUT: Oakhurst
DISTANCE: 7.7 km
TIME: 5.5 hours

NOTES:
Keep costume and sandals close to hand for two river crossings.

DAY 4

HUT: Andre
DISTANCE: 13.8 km
TIME: 8 hours

NOTES:
Major river crossing at Bloukraans River*. See Profile Map below.

DAY 5

HUT: De Vasselot
DISTANCE: 8.8 km
TIME: 3 hours

NOTES:
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

Please note: This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0528	1856	1025	2313	0318	1716
2	0527	1857	1210	---	0535	1839
3	0526	1858	0037	1309	0648	1931
4	0526	1859	0133	1355	0737	2012
5	0525	1900	0219	1436	0816	2049
6	0524	1900	0300	1514	0852	2124
7	0523	1901	0338	1549	0926	2156
8	0522	1902	0414	1623	0958	2227
9	0521	1903	0448	1655	1030	2257
10	0520	1904	0519	1725	1101	2327
11	0519	1905	0550	1754	1133	2356
12	0519	1906	0621	1824	1207	---
13	0518	1907	0655	1858	0028	1245
14	0517	1908	0737	1942	0105	1336
15	0517	1909	0845	2052	0154	1457
16	0516	1910	1056	2303	0314	1716
17	0515	1911	1215	---	0539	1829
18	0514	1912	0029	1301	0642	1913
19	0513	1913	0119	1339	0723	1950
20	0512	1914	0159	1414	0758	2024
21	0512	1915	0236	1450	0831	2058
22	0511	1916	0312	1526	0905	2133
23	0511	1917	0349	1604	0940	2209
24	0510	1918	0427	1643	1017	2247
25	0510	1919	0506	1723	1056	2327
26	0510	1920	0547	1806	1139	---
27	0510	1921	0632	1853	0009	1227
28	0509	1922	0722	1947	0055	1324
29	0509	1923	0827	2057	0148	1440
30	0509	1924	0957	2234	0257	1638

THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. www.theotter.co.za

