

# OTTER TRAIL GUIDE

## TIDES OCT 2018

### DAY 1

**HUT:** Ngubu  
**DISTANCE:** 4.8 km  
**TIME:** 3.5 hours

**NOTES:**  
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

### DAY 2

**HUT:** Scott  
**DISTANCE:** 7.9 km  
**TIME:** 5.5 hours

**NOTES:**  
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

### DAY 3

**HUT:** Oakhurst  
**DISTANCE:** 7.7 km  
**TIME:** 5.5 hours

**NOTES:**  
Keep costume and sandals close to hand for two river crossings.

### DAY 4

**HUT:** Andre  
**DISTANCE:** 13.8 km  
**TIME:** 8 hours

**NOTES:**  
Major river crossing at Bloukraans River\*. See Profile Map below.

### DAY 5

**HUT:** De Vasselot  
**DISTANCE:** 8.8 km  
**TIME:** 3 hours

**NOTES:**  
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

\* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

**Please note:** This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0605	1830	0730	2001	0114	1321
2	0604	1831	0831	2118	0209	1431
3	0603	1832	1026	2329	0332	1715
4	0602	1833	1232	---	0604	1855
5	0601	1833	0057	1332	0715	1948
6	0600	1834	0153	1418	0801	2030
7	0558	1835	0240	1459	0841	2109
8	0557	1835	0321	1538	0916	2145
9	0556	1836	0359	1615	0950	2219
10	0554	1837	0436	1649	1023	2252
11	0553	1838	0510	1722	1054	2323
12	0552	1839	0542	1752	1125	2353
13	0550	1839	0613	1822	1156	---
14	0549	1840	0644	1852	0023	1229
15	0548	1841	0719	1927	0056	1308
16	0546	1842	0806	2019	0136	1404
17	0545	1843	1003	2228	0238	1634
18	0544	1844	1225	---	0545	1833
19	0542	1844	0036	1313	0656	1918
20	0541	1845	0125	1349	0734	1952
21	0540	1846	0202	1420	0805	2023
22	0538	1847	0235	1451	0834	2053
23	0537	1848	0306	1521	0902	2124
24	0536	1849	0338	1553	0931	2155
25	0535	1850	0411	1626	1001	2227
26	0534	1851	0444	1659	1032	2301
27	0532	1851	0518	1735	1106	2337
28	0531	1852	0555	1814	1143	---
29	0530	1853	0635	1857	0016	1225
30	0529	1854	0723	1951	0101	1318
31	0529	1855	0829	2111	0157	1437

## THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. [www.theotter.co.za](http://www.theotter.co.za)

