

OTTER TRAIL GUIDE

TIDES SEPT 2018

DAY 1

HUT: Ngubu
DISTANCE: 4.8 km
TIME: 3.5 hours

NOTES:
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

DAY 2

HUT: Scott
DISTANCE: 7.9 km
TIME: 5.5 hours

NOTES:
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

DAY 3

HUT: Oakhurst
DISTANCE: 7.7 km
TIME: 5.5 hours

NOTES:
Keep costume and sandals close to hand for two river crossings.

DAY 4

HUT: Andre
DISTANCE: 13.8 km
TIME: 8 hours

NOTES:
Major river crossing at Bloukraans River*. See Profile Map below.

DAY 5

HUT: De Vasselot
DISTANCE: 8.8 km
TIME: 3 hours

NOTES:
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

Please note: This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0646	1810	0704	1932	0053	1253
2	0645	1810	0747	2024	0137	1339
3	0644	1811	0847	2138	0233	1444
4	0642	1812	1028	2332	0356	1644
5	0641	1812	1238	----	0612	1856
6	0639	1813	0104	1345	0728	1956
7	0637	1814	0205	1435	0818	2043
8	0636	1814	0255	1519	0901	2125
9	0634	1815	0340	1600	0939	2205
10	0633	1816	0421	1639	1015	2243
11	0632	1816	0459	1716	1050	2319
12	0630	1817	0535	1752	1123	2353
13	0629	1818	0609	1825	1155	----
14	0627	1818	0642	1857	0026	1227
15	0626	1819	0715	1931	0059	1300
16	0625	1820	0753	2011	0135	1341
17	0623	1820	0850	2118	0222	1445
18	0622	1821	1145	----	0354	1757
19	0620	1822	0003	1308	0648	1911
20	0619	1822	0117	1351	0736	1950
21	0617	1823	0159	1424	0810	2022
22	0616	1824	0234	1454	0839	2052
23	0615	1825	0305	1524	0906	2120
24	0613	1825	0335	1553	0933	2149
25	0612	1826	0405	1622	0959	2219
26	0611	1827	0434	1652	1026	2249
27	0609	1827	0505	1722	1054	2320
28	0608	1828	0536	1754	1124	2354
29	0607	1829	0609	1829	1156	----
30	0606	1830	0645	1909	0031	1233

THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. www.theotter.co.za

