

# OTTER TRAIL GUIDE

## TIDES JULY 2018

### DAY 1

**HUT:** Ngubu  
**DISTANCE:** 4.8 km  
**TIME:** 3.5 hours

**NOTES:**  
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

### DAY 2

**HUT:** Scott  
**DISTANCE:** 7.9 km  
**TIME:** 5.5 hours

**NOTES:**  
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

### DAY 3

**HUT:** Oakhurst  
**DISTANCE:** 7.7 km  
**TIME:** 5.5 hours

**NOTES:**  
Keep costume and sandals close to hand for two river crossings.

### DAY 4

**HUT:** Andre  
**DISTANCE:** 13.8 km  
**TIME:** 8 hours

**NOTES:**  
Major river crossing at Bloukraans River\*. See Profile Map below.

### DAY 5

**HUT:** De Vasselot  
**DISTANCE:** 8.8 km  
**TIME:** 3 hours

**NOTES:**  
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

\* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

**Please note:** This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0734	1729	0533	1758	1133	2351
2	0734	1729	0604	1831	1204	----
3	0734	1730	0638	1907	0027	1236
4	0734	1730	0715	1950	0107	1313
5	0734	1731	0759	2044	0155	1358
6	0734	1731	0856	2153	0253	1456
7	0734	1732	1012	2312	0409	1618
8	0734	1732	1144	----	0535	1753
9	0733	1733	0024	1302	0648	1905
10	0733	1733	0125	1401	0746	2001
11	0733	1734	0220	1453	0836	2052
12	0732	1735	0312	1542	0923	2140
13	0732	1735	0402	1629	1008	2228
14	0731	1736	0450	1714	1051	2315
15	0731	1736	0535	1758	1133	----
16	0731	1737	0619	1842	0001	1214
17	0730	1738	0702	1927	0047	1255
18	0730	1738	0746	2014	0134	1337
19	0729	1739	0834	2109	0225	1423
20	0729	1740	0934	2219	0327	1523
21	0728	1740	1104	2343	0455	1657
22	0728	1741	1238	----	0628	1835
23	0727	1742	0055	1341	0728	1935
24	0727	1742	0148	1427	0812	2018
25	0726	1743	0232	1505	0848	2055
26	0725	1744	0310	1539	0920	2128
27	0725	1744	0345	1611	0950	2159
28	0724	1745	0417	1641	1019	2231
29	0723	1746	0448	1711	1047	2302
30	0723	1746	0517	1741	1115	2333
31	0722	1747	0547	1811	1143	----

## THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. [www.theotter.co.za](http://www.theotter.co.za)

