

OTTER TRAIL GUIDE

TIDES JUNE 2018

DAY 1

HUT: Ngubu
DISTANCE: 4.8 km
TIME: 3.5 hours

NOTES:
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

DAY 2

HUT: Scott
DISTANCE: 7.9 km
TIME: 5.5 hours

NOTES:
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

DAY 3

HUT: Oakhurst
DISTANCE: 7.7 km
TIME: 5.5 hours

NOTES:
Keep costume and sandals close to hand for two river crossings.

DAY 4

HUT: Andre
DISTANCE: 13.8 km
TIME: 8 hours

NOTES:
Major river crossing at Bloukraans River*. See Profile Map below.

DAY 5

HUT: De Vasselot
DISTANCE: 8.8 km
TIME: 3 hours

NOTES:
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

Please note: This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0725	1727	0517	1743	1118	2331
2	0725	1726	0548	1813	1149	----
3	0726	1726	0620	1847	0006	1222
4	0726	1726	0655	1927	0045	1258
5	0727	1726	0739	2021	0131	1342
6	0727	1725	0835	2138	0232	1440
7	0728	1725	0954	2308	0356	1608
8	0728	1725	1129	----	0528	1748
9	0729	1725	0016	1241	0634	1849
10	0729	1725	0108	1335	0724	1937
11	0730	1725	0155	1423	0808	2021
12	0730	1725	0240	1509	0851	2104
13	0731	1725	0326	1553	0934	2147
14	0731	1725	0411	1637	1017	2232
15	0732	1725	0457	1722	1101	2319
16	0732	1725	0544	1807	1144	----
17	0732	1725	0630	1855	0008	1229
18	0733	1725	0719	1946	0100	1315
19	0733	1726	0812	2047	0158	1406
20	0733	1726	0915	2201	0307	1508
21	0733	1726	1035	2321	0435	1631
22	0733	1726	1159	----	0559	1759
23	0733	1726	0029	1305	0659	1902
24	0734	1727	0122	1357	0746	1950
25	0734	1727	0207	1440	0825	2029
26	0734	1727	0247	1519	0859	2105
27	0734	1728	0324	1553	0932	2139
28	0734	1728	0358	1626	1003	2211
29	0734	1728	0431	1657	1033	2244
30	0734	1729	0502	1728	1103	2317

THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. www.theotter.co.za

