

OTTER TRAIL GUIDE

TIDES MAY 2018

DAY 1

HUT: Ngubu
DISTANCE: 4.8 km
TIME: 3.5 hours

NOTES:
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

DAY 2

HUT: Scott
DISTANCE: 7.9 km
TIME: 5.5 hours

NOTES:
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

DAY 3

HUT: Oakhurst
DISTANCE: 7.7 km
TIME: 5.5 hours

NOTES:
Keep costume and sandals close to hand for two river crossings.

DAY 4

HUT: Andre
DISTANCE: 13.8 km
TIME: 8 hours

NOTES:
Major river crossing at Bloukraans River*. See Profile Map below.

DAY 5

HUT: De Vasselot
DISTANCE: 8.8 km
TIME: 3 hours

NOTES:
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

Please note: This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0702	1748	0441	1703	1041	2246
2	0703	1747	0511	1732	1110	2316
3	0704	1746	0539	1801	1138	2348
4	0704	1745	0608	1831	1208	----
5	0705	1744	0638	1904	0021	1241
6	0706	1743	0714	1947	0101	1319
7	0707	1742	0803	2056	0153	1411
8	0707	1741	0922	2310	0317	1544
9	0708	1740	1131	----	0530	1804
10	0709	1740	0027	1245	0638	1859
11	0710	1739	0114	1333	0723	1939
12	0710	1738	0153	1414	0801	2015
13	0711	1737	0231	1453	0838	2049
14	0712	1736	0309	1531	0914	2125
15	0713	1735	0347	1610	0952	2202
16	0714	1735	0427	1649	1030	2241
17	0715	1734	0508	1730	1110	2323
18	0716	1733	0551	1812	1152	----
19	0716	1733	0636	1859	0008	1236
20	0717	1732	0726	1953	0059	1325
21	0718	1731	0827	2106	0203	1425
22	0719	1731	0950	2248	0336	1550
23	0719	1730	1128	----	0530	1738
24	0720	1730	0009	1240	0640	1846
25	0721	1729	0106	1335	0730	1934
26	0722	1729	0152	1420	0810	2014
27	0722	1728	0232	1459	0845	2049
28	0723	1728	0309	1536	0918	2122
29	0723	1727	0344	1610	0949	2154
30	0724	1727	0416	1642	1019	2226
31	0724	1727	0447	1713	1048	2258

THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. www.theotter.co.za

