

# OTTER TRAIL GUIDE

## TIDES APRIL 2018

### DAY 1

**HUT:** Ngubu  
**DISTANCE:** 4.8 km  
**TIME:** 3.5 hours

**NOTES:**  
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

### DAY 2

**HUT:** Scott  
**DISTANCE:** 7.9 km  
**TIME:** 5.5 hours

**NOTES:**  
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

### DAY 3

**HUT:** Oakhurst  
**DISTANCE:** 7.7 km  
**TIME:** 5.5 hours

**NOTES:**  
Keep costume and sandals close to hand for two river crossings.

### DAY 4

**HUT:** Andre  
**DISTANCE:** 13.8 km  
**TIME:** 8 hours

**NOTES:**  
Major river crossing at Bloukraans River\*. See Profile Map below.

### DAY 5

**HUT:** De Vasselot  
**DISTANCE:** 8.8 km  
**TIME:** 3 hours

**NOTES:**  
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

\* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

**Please note:** This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0640	1824	0437	1656	1038	2244
2	0641	1823	0510	1727	1108	2313
3	0641	1821	0540	1757	1137	2342
4	0642	1819	0608	1825	1206	---
5	0643	1818	0636	1854	0011	1235
6	0644	1817	0705	1926	0043	1307
7	0644	1816	0742	2012	0122	1348
8	0645	1815	0837	2152	0218	1453
9	0645	1814	1051	---	0432	1806
10	0646	1813	0034	1250	0639	1913
11	0647	1811	0125	1339	0727	1951
12	0648	1810	0202	1416	0803	2022
13	0648	1808	0235	1450	0836	2052
14	0649	1807	0308	1523	0908	2121
15	0650	1806	0340	1557	0940	2152
16	0651	1804	0414	1631	1014	2223
17	0652	1803	0449	1706	1048	2257
18	0652	1802	0525	1742	1124	2332
19	0653	1801	0602	1820	1202	---
20	0654	1759	0643	1902	0011	1243
21	0655	1758	0730	1952	0057	1331
22	0656	1757	0831	2108	0155	1433
23	0656	1756	1008	2320	0331	1620
24	0657	1755	1203	---	0602	1823
25	0658	1753	0044	1311	0708	1922
26	0659	1752	0138	1402	0755	2005
27	0700	1751	0221	1445	0834	2041
28	0700	1750	0300	1523	0909	2115
29	0701	1749	0336	1559	0941	2146
30	0702	1749	0410	1632	1012	2217

## THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. [www.theotter.co.za](http://www.theotter.co.za)

