

# OTTER TRAIL GUIDE

## TIDES MAR 2018

### DAY 1

**HUT:** Ngubu  
**DISTANCE:** 4.8 km  
**TIME:** 3.5 hours

**NOTES:**  
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

### DAY 2

**HUT:** Scott  
**DISTANCE:** 7.9 km  
**TIME:** 5.5 hours

**NOTES:**  
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

### DAY 3

**HUT:** Oakhurst  
**DISTANCE:** 7.7 km  
**TIME:** 5.5 hours

**NOTES:**  
Keep costume and sandals close to hand for two river crossings.

### DAY 4

**HUT:** Andre  
**DISTANCE:** 13.8 km  
**TIME:** 8 hours

**NOTES:**  
Major river crossing at Bloukraans River\*. See Profile Map below.

### DAY 5

**HUT:** De Vasselot  
**DISTANCE:** 8.8 km  
**TIME:** 3 hours

**NOTES:**  
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

\* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

**Please note:** This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0615	1905	0346	1605	0949	2204
2	0616	1904	0425	1644	1027	2239
3	0617	1903	0503	1720	1103	2311
4	0618	1901	0538	1753	1137	2342
5	0619	1900	0610	1824	1208	----
6	0620	1859	0641	1854	0012	1239
7	0620	1857	0711	1924	0042	1311
8	0621	1856	0744	1959	0114	1346
9	0622	1855	0825	2054	0154	1435
10	0623	1854	0937	2354	0258	1618
11	0624	1853	1220	----	0558	1906
12	0624	1851	0121	1331	0718	1953
13	0625	1850	0204	1413	0759	2026
14	0626	1848	0238	1448	0833	2056
15	0626	1847	0309	1520	0904	2123
16	0627	1846	0340	1551	0935	2151
17	0628	1844	0410	1622	1005	2219
18	0629	1843	0441	1653	1036	2247
19	0630	1842	0513	1725	1108	2317
20	0631	1840	0545	1757	1142	2348
21	0631	1839	0619	1832	1218	----
22	0632	1838	0657	1910	0023	1257
23	0633	1836	0741	1958	0103	1343
24	0634	1835	0839	2107	0155	1444
25	0635	1834	1013	2330	0315	1634
26	0635	1832	1219	----	0610	1849
27	0636	1831	0106	1331	0725	1947
28	0637	1830	0201	1423	0814	2030
29	0638	1828	0246	1507	0855	2107
30	0639	1827	0326	1546	0932	2141
31	0639	1825	0403	1622	1006	2213

## THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. [www.theotter.co.za](http://www.theotter.co.za)

