

OTTER TRAIL GUIDE

TIDES FEB 2018

DAY 1

HUT: Ngubu
DISTANCE: 4.8 km
TIME: 3.5 hours

NOTES:
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

DAY 2

HUT: Scott
DISTANCE: 7.9 km
TIME: 5.5 hours

NOTES:
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

DAY 3

HUT: Oakhurst
DISTANCE: 7.7 km
TIME: 5.5 hours

NOTES:
Keep costume and sandals close to hand for two river crossings.

DAY 4

HUT: Andre
DISTANCE: 13.8 km
TIME: 8 hours

NOTES:
Major river crossing at Bloukraans River*. See Profile Map below.

DAY 5

HUT: De Vasselot
DISTANCE: 8.8 km
TIME: 3 hours

NOTES:
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

Please note: This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0549	1934	0441	1659	1041	2259
2	0550	1933	0522	1740	1123	2335
3	0551	1932	0602	1817	1202	----
4	0552	1931	0639	1852	0010	1239
5	0553	1930	0716	1927	0043	1316
6	0554	1930	0753	2004	0117	1355
7	0555	1929	0836	2050	0154	1442
8	0556	1928	0934	2214	0243	1555
9	0557	1927	1117	----	0408	1824
10	0558	1926	0040	1254	0632	1934
11	0559	1925	0145	1351	0736	2016
12	0600	1925	0228	1433	0818	2049
13	0600	1924	0302	1508	0852	2118
14	0601	1923	0334	1541	0924	2147
15	0602	1922	0404	1612	0955	2214
16	0603	1921	0434	1642	1025	2242
17	0604	1920	0504	1712	1056	2309
18	0605	1919	0535	1742	1128	2337
19	0606	1918	0606	1814	1201	----
20	0607	1916	0640	1848	0007	1237
21	0608	1915	0717	1926	0041	1317
22	0609	1914	0802	2014	0120	1406
23	0610	1913	0901	2123	0210	1510
24	0611	1912	1030	2328	0325	1656
25	0611	1911	1223	----	0553	1859
26	0612	1910	0115	1339	0727	2001
27	0613	1909	0215	1435	0822	2047
28	0614	1907	0303	1522	0908	2128

THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. www.theotter.co.za

