

OTTER TRAIL GUIDE

TIDES JAN 2018

DAY 1

HUT: Ngubu
DISTANCE: 4.8 km
TIME: 3.5 hours

NOTES:
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

DAY 2

HUT: Scott
DISTANCE: 7.9 km
TIME: 5.5 hours

NOTES:
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

DAY 3

HUT: Oakhurst
DISTANCE: 7.7 km
TIME: 5.5 hours

NOTES:
Keep costume and sandals close to hand for two river crossings.

DAY 4

HUT: Andre
DISTANCE: 13.8 km
TIME: 8 hours

NOTES:
Major river crossing at Bloukraans River*. See Profile Map below.

DAY 5

HUT: De Vasselot
DISTANCE: 8.8 km
TIME: 3 hours

NOTES:
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

Please note: This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0520	1943	0319	1536	0914	2147
2	0521	1943	0405	1624	1001	2230
3	0522	1943	0451	1709	1047	2312
4	0522	1943	0535	1753	1133	2353
5	0523	1943	0618	1836	1219	----
6	0524	1944	0702	1918	0033	1305
7	0524	1944	0748	2002	0112	1354
8	0525	1944	0839	2054	0155	1450
9	0526	1944	0943	2206	0245	1609
10	0527	1944	1106	2350	0357	1753
11	0528	1944	1223	----	0543	1903
12	0529	1944	0108	1321	0659	1951
13	0529	1943	0201	1406	0749	2028
14	0530	1943	0242	1445	0828	2101
15	0531	1943	0317	1520	0903	2132
16	0532	1942	0350	1553	0935	2201
17	0533	1942	0421	1625	1007	2230
18	0534	1942	0451	1655	1039	2258
19	0535	1942	0521	1726	1111	2327
20	0536	1941	0552	1757	1144	2356
21	0537	1941	0625	1830	1218	----
22	0538	1940	0701	1906	0028	1257
23	0539	1940	0742	1949	0103	1343
24	0540	1939	0834	2044	0146	1439
25	0541	1939	0941	2201	0242	1554
26	0543	1938	1108	2351	0403	1737
27	0544	1938	1235	----	0600	1906
28	0545	1937	0120	1343	0724	2006
29	0546	1936	0221	1440	0822	2056
30	0547	1935	0312	1530	0912	2140
31	0548	1934	0358	1617	0958	2221

THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. www.theotter.co.za

