

OTTER TRAIL GUIDE

TIDES DEC 2017

DAY 1

HUT: Ngubu
DISTANCE: 4.8 km
TIME: 3.5 hours

NOTES:
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

DAY 2

HUT: Scott
DISTANCE: 7.9 km
TIME: 5.5 hours

NOTES:
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

DAY 3

HUT: Oakhurst
DISTANCE: 7.7 km
TIME: 5.5 hours

NOTES:
Keep costume and sandals close to hand for two river crossings.

DAY 4

HUT: Andre
DISTANCE: 13.8 km
TIME: 8 hours

NOTES:
Major river crossing at Bloukraans River*. See Profile Map below.

DAY 5

HUT: De Vasselot
DISTANCE: 8.8 km
TIME: 3 hours

NOTES:
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

Please note: This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0509	1925	0200	1419	0759	2032
2	0509	1925	0246	1503	0841	2113
3	0509	1926	0330	1547	0923	2155
4	0509	1927	0414	1631	1006	2237
5	0509	1927	0457	1716	1050	2320
6	0509	1928	0541	1801	1136	----
7	0509	1929	0627	1847	0003	1225
8	0509	1930	0715	1937	0047	1319
9	0510	1930	0812	2035	0134	1424
10	0510	1931	0924	2152	0230	1556
11	0510	1932	1055	2327	0347	1739
12	0510	1932	1210	----	0530	1846
13	0510	1933	0042	1305	0641	1933
14	0511	1934	0136	1349	0729	2010
15	0511	1934	0220	1427	0808	2043
16	0511	1935	0257	1502	0842	2113
17	0511	1936	0331	1534	0915	2143
18	0512	1936	0403	1606	0946	2212
19	0512	1937	0434	1636	1018	2241
20	0513	1937	0504	1707	1049	2311
21	0513	1938	0534	1737	1122	2340
22	0514	1939	0606	1809	1156	----
23	0514	1939	0640	1844	0012	1234
24	0515	1940	0720	1925	0046	1318
25	0516	1940	0810	2017	0127	1413
26	0517	1940	0916	2126	0219	1526
27	0518	1941	1038	2259	0331	1659
28	0518	1941	1157	----	0510	1822
29	0519	1941	0029	1300	0634	1923
30	0519	1942	0135	1355	0734	2014
31	0520	1942	0229	1447	0826	2101

THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. www.theotter.co.za

