

OTTER TRAIL GUIDE

TIDES NOV 2017

DAY 1

HUT: Ngubu
DISTANCE: 4.8 km
TIME: 3.5 hours

NOTES:
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

DAY 2

HUT: Scott
DISTANCE: 7.9 km
TIME: 5.5 hours

NOTES:
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

DAY 3

HUT: Oakhurst
DISTANCE: 7.7 km
TIME: 5.5 hours

NOTES:
Keep costume and sandals close to hand for two river crossings.

DAY 4

HUT: Andre
DISTANCE: 13.8 km
TIME: 8 hours

NOTES:
Major river crossing at Bloukraans River*. See Profile Map below.

DAY 5

HUT: De Vasselot
DISTANCE: 8.8 km
TIME: 3 hours

NOTES:
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

Please note: This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low Tide
1	0528	1856	0151	1411	0755	2019
2	0527	1857	0230	1448	0830	2055
3	0526	1858	0309	1526	0905	2132
4	0526	1859	0348	1605	0941	2210
5	0525	1900	0428	1645	1018	2249
6	0524	1900	0508	1726	1058	2329
7	0523	1901	0549	1809	1140	----
8	0522	1902	0633	1855	0011	1226
9	0521	1903	0722	1949	0057	1322
10	0520	1904	0825	2101	0150	1439
11	0519	1905	1008	2250	0303	1700
12	0519	1906	1151	----	0505	1826
13	0518	1907	0018	1252	0629	1918
14	0517	1908	0116	1338	0719	1958
15	0517	1909	0202	1417	0758	2032
16	0516	1910	0241	1452	0831	2102
17	0515	1911	0316	1524	0902	2131
18	0514	1912	0349	1554	0932	2159
19	0513	1913	0420	1623	1001	2227
20	0512	1914	0449	1652	1031	2255
21	0512	1915	0518	1721	1101	2324
22	0511	1916	0547	1750	1133	2354
23	0511	1917	0618	1822	1208	----
24	0510	1918	0654	1859	0027	1248
25	0510	1919	0739	1948	0106	1340
26	0510	1920	0846	2057	0156	1456
27	0510	1921	1027	2239	0309	1648
28	0509	1922	1152	----	0506	1812
29	0509	1923	0011	1248	0625	1905
30	0509	1924	0111	1335	0716	1950

THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. www.theotter.co.za

