

OTTER TRAIL GUIDE

TIDES OCT 2017

DAY 1

HUT: Ngubu
DISTANCE: 4.8 km
TIME: 3.5 hours

NOTES:
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

DAY 2

HUT: Scott
DISTANCE: 7.9 km
TIME: 5.5 hours

NOTES:
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

DAY 3

HUT: Oakhurst
DISTANCE: 7.7 km
TIME: 5.5 hours

NOTES:
Keep costume and sandals close to hand for two river crossings.

DAY 4

HUT: Andre
DISTANCE: 13.8 km
TIME: 8 hours

NOTES:
Major river crossing at Bloukraans River*. See Profile Map below.

DAY 5

HUT: De Vasselot
DISTANCE: 8.8 km
TIME: 3 hours

NOTES:
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

Please note: This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0605	1830	0104	1338	0725	1941
2	0604	1831	0148	1413	0759	2015
3	0603	1832	0225	1446	0831	2048
4	0602	1833	0300	1519	0901	2121
5	0601	1833	0335	1554	0932	2154
6	0600	1834	0410	1629	1004	2229
7	0558	1835	0446	1705	1037	2306
8	0557	1835	0523	1742	1112	2343
9	0556	1836	0601	1822	1149	---
10	0554	1837	0641	1905	0024	1231
11	0553	1838	0728	1958	0108	1322
12	0552	1839	0830	2115	0203	1435
13	0550	1839	1028	2322	0324	1726
14	0549	1840	1223	---	0552	1850
15	0548	1841	0047	1321	0703	1941
16	0546	1842	0142	1405	0749	2020
17	0545	1843	0225	1443	0825	2054
18	0544	1844	0304	1518	0857	2125
19	0542	1844	0339	1550	0927	2154
20	0541	1845	0411	1621	0956	2222
21	0540	1846	0441	1649	1024	2249
22	0538	1847	0510	1716	1052	2316
23	0537	1848	0538	1743	1121	2344
24	0536	1849	0606	1811	1151	---
25	0535	1850	0636	1842	0014	1224
26	0534	1851	0712	1921	0048	1305
27	0532	1851	0802	2018	0130	1406
28	0531	1852	0943	2204	0235	1611
29	0530	1853	1159	---	0508	1813
30	0529	1854	0010	1254	0635	1904
31	0529	1855	0107	1334	0719	1943

THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. www.theotter.co.za

