

OTTER TRAIL GUIDE

TIDES SEPT 2017

DAY 1

HUT: Ngubu
DISTANCE: 4.8 km
TIME: 3.5 hours

NOTES:
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

DAY 2

HUT: Scott
DISTANCE: 7.9 km
TIME: 5.5 hours

NOTES:
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

DAY 3

HUT: Oakhurst
DISTANCE: 7.7 km
TIME: 5.5 hours

NOTES:
Keep costume and sandals close to hand for two river crossings.

DAY 4

HUT: Andre
DISTANCE: 13.8 km
TIME: 8 hours

NOTES:
Major river crossing at Bloukraans River*. See Profile Map below.

DAY 5

HUT: De Vasselot
DISTANCE: 8.8 km
TIME: 3 hours

NOTES:
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

Please note: This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0646	1810	0036	1330	0714	1927
2	0645	1810	0135	1410	0756	2006
3	0644	1811	0216	1444	0830	2040
4	0642	1812	0252	1516	0859	2112
5	0641	1812	0326	1548	0929	2144
6	0639	1813	0359	1620	0959	2217
7	0637	1814	0433	1654	1028	2250
8	0636	1814	0507	1728	1059	2325
9	0634	1815	0541	1803	1132	---
10	0633	1816	0617	1840	0002	1206
11	0632	1816	0655	1922	0041	1245
12	0630	1817	0740	2014	0126	1331
13	0629	1818	0838	2127	0220	1436
14	0627	1818	1023	2328	0341	1659
15	0626	1819	1235	---	0607	1857
16	0625	1820	0059	1338	0721	1952
17	0623	1820	0157	1425	0809	2036
18	0622	1821	0244	1506	0848	2113
19	0620	1822	0325	1543	0922	2147
20	0619	1822	0402	1618	0954	2219
21	0617	1823	0436	1650	1024	2249
22	0616	1824	0507	1719	1052	2317
23	0615	1825	0537	1747	1120	2345
24	0613	1825	0605	1814	1148	---
25	0612	1826	0633	1842	0014	1217
26	0611	1827	0703	1913	0045	1250
27	0609	1827	0740	1956	0120	1333
28	0608	1828	0839	2107	0210	1445
29	0607	1829	1138	2349	0346	1749
30	0606	1830	1257	---	0636	1859

THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. www.theotter.co.za

