

OTTER TRAIL GUIDE

TIDES AUG 2017

DAY 1

HUT: Ngubu
DISTANCE: 4.8 km
TIME: 3.5 hours

NOTES:
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

DAY 2

HUT: Scott
DISTANCE: 7.9 km
TIME: 5.5 hours

NOTES:
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

DAY 3

HUT: Oakhurst
DISTANCE: 7.7 km
TIME: 5.5 hours

NOTES:
Keep costume and sandals close to hand for two river crossings.

DAY 4

HUT: Andre
DISTANCE: 13.8 km
TIME: 8 hours

NOTES:
Major river crossing at Bloukraans River*. See Profile Map below.

DAY 5

HUT: De Vasselot
DISTANCE: 8.8 km
TIME: 3 hours

NOTES:
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

Please note: This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low Tide
1	0721	1748	1116	2348	0447	1709
2	0720	1749	1256	----	0636	1849
3	0719	1749	0103	1351	0734	1942
4	0718	1750	0154	1431	0815	2023
5	0717	1751	0235	1506	0850	2058
6	0717	1752	0312	1539	0921	2131
7	0716	1752	0346	1611	0951	2203
8	0715	1753	0419	1643	1021	2236
9	0714	1754	0452	1716	1051	2310
10	0713	1754	0525	1749	1121	2344
11	0712	1755	0559	1824	1153	----
12	0711	1756	0635	1902	0021	1227
13	0710	1756	0714	1945	0102	1306
14	0709	1757	0759	2038	0149	1353
15	0708	1758	0859	2151	0247	1456
16	0706	1758	1031	2331	0407	1640
17	0705	1759	1231	----	0607	1847
18	0704	1800	0059	1344	0726	1953
19	0702	1800	0203	1436	0820	2043
20	0700	1801	0255	1522	0904	2126
21	0658	1802	0341	1603	0942	2206
22	0657	1803	0422	1642	1018	2243
23	0656	1803	0459	1717	1051	2317
24	0655	1804	0534	1751	1122	2349
25	0653	1805	0606	1822	1152	----
26	0652	1805	0636	1852	0020	1222
27	0651	1806	0706	1923	0051	1253
28	0650	1807	0740	1959	0126	1328
29	0649	1808	0823	2050	0208	1417
30	0648	1808	0944	2227	0312	1547
31	0647	1809	1229	----	0552	1827

THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. www.theotter.co.za

