

OTTER TRAIL GUIDE

TIDES JULY 2017

DAY 1

HUT: Ngubu
DISTANCE: 4.8 km
TIME: 3.5 hours

NOTES:
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

DAY 2

HUT: Scott
DISTANCE: 7.9 km
TIME: 5.5 hours

NOTES:
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

DAY 3

HUT: Oakhurst
DISTANCE: 7.7 km
TIME: 5.5 hours

NOTES:
Keep costume and sandals close to hand for two river crossings.

DAY 4

HUT: Andre
DISTANCE: 13.8 km
TIME: 8 hours

NOTES:
Major river crossing at Bloukraans River*. See Profile Map below.

DAY 5

HUT: De Vasselot
DISTANCE: 8.8 km
TIME: 3 hours

NOTES:
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

Please note: This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0734	1729	0929	2215	0323	1518
2	0734	1729	1052	2335	0447	1644
3	0734	1730	1220	----	0611	1814
4	0734	1730	0040	1322	0710	1914
5	0734	1731	0131	1409	0753	1958
6	0734	1731	0213	1448	0830	2036
7	0734	1732	0252	1523	0904	2111
8	0734	1732	0327	1556	0936	2144
9	0733	1733	0401	1628	1007	2217
10	0733	1733	0434	1700	1038	2251
11	0733	1734	0507	1733	1108	2325
12	0732	1735	0540	1806	1139	----
13	0732	1735	0615	1843	0001	1212
14	0731	1736	0652	1923	0040	1248
15	0731	1736	0735	2012	0124	1330
16	0731	1737	0826	2112	0217	1422
17	0730	1738	0932	2227	0322	1531
18	0730	1738	1101	2352	0446	1708
19	0729	1739	1236	----	0619	1844
20	0729	1740	0105	1346	0729	1950
21	0728	1740	0207	1442	0824	2044
22	0728	1741	0301	1531	0912	2132
23	0727	1742	0351	1617	0956	2218
24	0727	1742	0437	1659	1037	2300
25	0726	1743	0519	1740	1115	2341
26	0725	1744	0558	1818	1150	----
27	0725	1744	0635	1855	0019	1224
28	0724	1745	0710	1932	0056	1258
29	0723	1746	0746	2011	0135	1334
30	0723	1746	0828	2059	0217	1417
31	0722	1747	0927	2209	0314	1519

THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. www.theotter.co.za

