

OTTER TRAIL GUIDE

TIDES JUNE 2017

DAY 1

HUT: Ngubu
DISTANCE: 4.8 km
TIME: 3.5 hours

NOTES:
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

DAY 2

HUT: Scott
DISTANCE: 7.9 km
TIME: 5.5 hours

NOTES:
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

DAY 3

HUT: Oakhurst
DISTANCE: 7.7 km
TIME: 5.5 hours

NOTES:
Keep costume and sandals close to hand for two river crossings.

DAY 4

HUT: Andre
DISTANCE: 13.8 km
TIME: 8 hours

NOTES:
Major river crossing at Bloukraans River*. See Profile Map below.

DAY 5

HUT: De Vasselot
DISTANCE: 8.8 km
TIME: 3 hours

NOTES:
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

Please note: This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0725	1727	0913	2204	0303	1506
2	0725	1726	1040	2331	0444	1639
3	0726	1726	1204	---	0606	1807
4	0726	1726	0035	1305	0701	1903
5	0727	1726	0123	1352	0743	1945
6	0727	1725	0203	1432	0817	2021
7	0728	1725	0239	1508	0849	2054
8	0728	1725	0312	1541	0920	2126
9	0729	1725	0345	1613	0950	2158
10	0729	1725	0417	1643	1021	2230
11	0730	1725	0448	1714	1051	2303
12	0730	1725	0520	1745	1122	2337
13	0731	1725	0553	1819	1153	---
14	0731	1725	0628	1856	0013	1228
15	0732	1725	0708	1942	0055	1308
16	0732	1725	0756	2040	0146	1356
17	0732	1725	0857	2155	0249	1459
18	0733	1725	1017	2317	0409	1624
19	0733	1726	1147	---	0537	1757
20	0733	1726	0027	1300	0647	1905
21	0733	1726	0126	1359	0743	1959
22	0733	1726	0219	1451	0833	2049
23	0733	1726	0310	1540	0921	2137
24	0734	1727	0359	1627	1006	2224
25	0734	1727	0447	1712	1049	2310
26	0734	1727	0532	1755	1132	2357
27	0734	1728	0616	1839	1212	---
28	0734	1728	0659	1923	0042	1252
29	0734	1728	0742	2010	0129	1333
30	0734	1729	0829	2105	0220	1419

THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. www.theotter.co.za

