

OTTER TRAIL GUIDE

TIDES MAY 2017

DAY 1

HUT: Ngubu
DISTANCE: 4.8 km
TIME: 3.5 hours

NOTES:
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

DAY 2

HUT: Scott
DISTANCE: 7.9 km
TIME: 5.5 hours

NOTES:
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

DAY 3

HUT: Oakhurst
DISTANCE: 7.7 km
TIME: 5.5 hours

NOTES:
Keep costume and sandals close to hand for two river crossings.

DAY 4

HUT: Andre
DISTANCE: 13.8 km
TIME: 8 hours

NOTES:
Major river crossing at Bloukraans River*. See Profile Map below.

DAY 5

HUT: De Vasselot
DISTANCE: 8.8 km
TIME: 3 hours

NOTES:
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

Please note: This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0702	1748	0725	1949	0057	1325
2	0703	1747	0823	2059	0155	1421
3	0704	1746	0949	2256	0328	1550
4	0704	1745	1138	----	0543	1755
5	0705	1744	0023	1251	0652	1859
6	0706	1743	0118	1341	0738	1943
7	0707	1742	0159	1423	0814	2018
8	0707	1741	0236	1459	0845	2049
9	0708	1740	0309	1532	0914	2118
10	0709	1740	0340	1603	0942	2147
11	0710	1739	0409	1633	1010	2217
12	0710	1738	0438	1701	1039	2246
13	0711	1737	0507	1730	1107	2317
14	0712	1736	0536	1759	1137	2349
15	0713	1735	0606	1831	1208	----
16	0714	1735	0641	1908	0025	1243
17	0715	1734	0722	1958	0108	1325
18	0716	1733	0817	2111	0205	1422
19	0716	1733	0936	2255	0327	1549
20	0717	1732	1120	----	0516	1744
21	0718	1731	0013	1238	0630	1850
22	0719	1731	0108	1334	0722	1938
23	0719	1730	0156	1423	0808	2022
24	0720	1730	0242	1509	0851	2105
25	0721	1729	0327	1554	0934	2148
26	0722	1729	0412	1637	1017	2231
27	0722	1728	0457	1721	1100	2317
28	0723	1728	0542	1805	1143	----
29	0723	1727	0628	1851	0004	1227
30	0724	1727	0715	1941	0054	1312
31	0724	1727	0808	2041	0151	1402

THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. www.theotter.co.za

