

OTTER TRAIL GUIDE

TIDES APRIL 2017

DAY 1

HUT: Ngubu
DISTANCE: 4.8 km
TIME: 3.5 hours

NOTES:
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

DAY 2

HUT: Scott
DISTANCE: 7.9 km
TIME: 5.5 hours

NOTES:
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

DAY 3

HUT: Oakhurst
DISTANCE: 7.7 km
TIME: 5.5 hours

NOTES:
Keep costume and sandals close to hand for two river crossings.

DAY 4

HUT: Andre
DISTANCE: 13.8 km
TIME: 8 hours

NOTES:
Major river crossing at Bloukraans River*. See Profile Map below.

DAY 5

HUT: De Vasselot
DISTANCE: 8.8 km
TIME: 3 hours

NOTES:
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

Please note: This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0640	1824	0651	1907	0018	1251
2	0641	1823	0736	1955	0101	1337
3	0641	1821	0833	2103	0155	1435
4	0642	1819	1007	2326	0320	1624
5	0643	1818	1210	----	0610	1837
6	0644	1817	0056	1320	0718	1934
7	0644	1816	0149	1409	0804	2015
8	0645	1815	0230	1450	0840	2049
9	0645	1814	0306	1525	0912	2119
10	0646	1813	0339	1558	0941	2147
11	0647	1811	0409	1628	1008	2214
12	0648	1810	0438	1656	1035	2241
13	0648	1808	0505	1724	1102	2309
14	0649	1807	0532	1750	1130	2337
15	0650	1806	0558	1818	1158	----
16	0651	1804	0627	1848	0007	1228
17	0652	1803	0659	1924	0041	1303
18	0652	1802	0742	2016	0123	1347
19	0653	1801	0845	2155	0226	1456
20	0654	1759	1037	----	0426	1736
21	0655	1758	0009	1228	0622	1854
22	0656	1757	0107	1325	0715	1938
23	0656	1756	0150	1410	0757	2015
24	0657	1755	0231	1451	0836	2052
25	0658	1753	0311	1532	0915	2128
26	0659	1752	0351	1612	0954	2206
27	0700	1751	0431	1652	1033	2245
28	0700	1750	0512	1733	1114	2325
29	0701	1749	0554	1814	1155	----
30	0702	1749	0638	1858	0009	1238

THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. www.theotter.co.za

