

OTTER TRAIL GUIDE

TIDES MAR 2017

DAY 1

HUT: Ngubu
DISTANCE: 4.8 km
TIME: 3.5 hours

NOTES:
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

DAY 2

HUT: Scott
DISTANCE: 7.9 km
TIME: 5.5 hours

NOTES:
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

DAY 3

HUT: Oakhurst
DISTANCE: 7.7 km
TIME: 5.5 hours

NOTES:
Keep costume and sandals close to hand for two river crossings.

DAY 4

HUT: Andre
DISTANCE: 13.8 km
TIME: 8 hours

NOTES:
Major river crossing at Bloukraans River*. See Profile Map below.

DAY 5

HUT: De Vasselot
DISTANCE: 8.8 km
TIME: 3 hours

NOTES:
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

Please note: This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0615	1905	0551	1803	1148	2357
2	0616	1904	0628	1840	1226	----
3	0617	1903	0708	1920	0033	1308
4	0618	1901	0753	2007	0113	1355
5	0619	1900	0850	2113	0203	1456
6	0620	1859	1020	2329	0318	1644
7	0620	1857	1220	----	0607	1855
8	0621	1856	0112	1334	0728	1955
9	0622	1855	0208	1426	0818	2037
10	0623	1854	0252	1510	0859	2113
11	0624	1853	0331	1548	0934	2145
12	0624	1851	0406	1622	1006	2214
13	0625	1850	0438	1653	1035	2242
14	0626	1848	0507	1722	1103	2309
15	0626	1847	0535	1749	1131	2336
16	0627	1846	0602	1816	1158	----
17	0628	1844	0628	1843	0003	1226
18	0629	1843	0656	1912	0032	1257
19	0630	1842	0730	1949	0106	1334
20	0631	1840	0815	2048	0149	1425
21	0631	1839	0931	2334	0259	1606
22	0632	1838	1202	----	0551	1853
23	0633	1836	0106	1317	0707	1941
24	0634	1835	0151	1403	0751	2016
25	0635	1834	0228	1442	0828	2049
26	0635	1832	0304	1519	0904	2121
27	0636	1831	0340	1556	0939	2154
28	0637	1830	0416	1633	1016	2228
29	0638	1828	0454	1710	1053	2303
30	0639	1827	0531	1747	1130	2339
31	0639	1825	0610	1826	1209	----

THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. www.theotter.co.za

