

OTTER TRAIL GUIDE

TIDES FEB 2017

DAY 1

HUT: Ngubu
DISTANCE: 4.8 km
TIME: 3.5 hours

NOTES:
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

DAY 2

HUT: Scott
DISTANCE: 7.9 km
TIME: 5.5 hours

NOTES:
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

DAY 3

HUT: Oakhurst
DISTANCE: 7.7 km
TIME: 5.5 hours

NOTES:
Keep costume and sandals close to hand for two river crossings.

DAY 4

HUT: Andre
DISTANCE: 13.8 km
TIME: 8 hours

NOTES:
Major river crossing at Bloukraans River*. See Profile Map below.

DAY 5

HUT: De Vasselot
DISTANCE: 8.8 km
TIME: 3 hours

NOTES:
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

Please note: This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0549	1934	0646	1855	0014	1243
2	0550	1933	0728	1937	0050	1327
3	0551	1932	0816	2028	0132	1420
4	0552	1931	0918	2138	0225	1527
5	0553	1930	1045	2334	0339	1713
6	0554	1930	1224	---	0552	1859
7	0555	1929	0114	1337	0724	2001
8	0556	1928	0215	1433	0820	2049
9	0557	1927	0304	1521	0907	2129
10	0558	1926	0347	1603	0947	2205
11	0559	1925	0426	1641	1025	2238
12	0600	1925	0501	1716	1059	2309
13	0600	1924	0535	1748	1131	2338
14	0601	1923	0605	1817	1201	---
15	0602	1922	0635	1845	0006	1231
16	0603	1921	0704	1914	0035	1302
17	0604	1920	0735	1947	0105	1337
18	0605	1919	0814	2032	0142	1422
19	0606	1918	0912	2156	0232	1533
20	0607	1916	1058	---	0406	1820
21	0608	1915	0040	1251	0635	1931
22	0609	1914	0142	1347	0735	2011
23	0610	1913	0222	1429	0816	2045
24	0611	1912	0257	1506	0852	2116
25	0611	1911	0331	1542	0926	2147
26	0612	1910	0406	1617	1000	2218
27	0613	1909	0440	1652	1035	2250
28	0614	1907	0515	1727	1111	2323

THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. www.theotter.co.za

