

# OTTER TRAIL GUIDE

## TIDES JAN 2017

### DAY 1

**HUT:** Ngubu  
**DISTANCE:** 4.8 km  
**TIME:** 3.5 hours

**NOTES:**  
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

### DAY 2

**HUT:** Scott  
**DISTANCE:** 7.9 km  
**TIME:** 5.5 hours

**NOTES:**  
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

### DAY 3

**HUT:** Oakhurst  
**DISTANCE:** 7.7 km  
**TIME:** 5.5 hours

**NOTES:**  
Keep costume and sandals close to hand for two river crossings.

### DAY 4

**HUT:** Andre  
**DISTANCE:** 13.8 km  
**TIME:** 8 hours

**NOTES:**  
Major river crossing at Bloukraans River\*. See Profile Map below.

### DAY 5

**HUT:** De Vasselot  
**DISTANCE:** 8.8 km  
**TIME:** 3 hours

**NOTES:**  
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

\* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

**Please note:** This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

1	0520	1943	0544	1751	1135	2352
2	0521	1943	0621	1828	1213	----
3	0522	1943	0701	1909	0028	1257
4	0522	1943	0748	1957	0108	1348
5	0523	1943	0845	2057	0156	1451
6	0524	1944	0959	2219	0257	1613
7	0524	1944	1124	----	0424	1751
8	0525	1944	0001	1240	0609	1907
9	0526	1944	0120	1342	0722	2004
10	0527	1944	0219	1437	0818	2053
11	0528	1944	0310	1527	0908	2137
12	0529	1944	0356	1613	0953	2218
13	0529	1943	0438	1655	1036	2255
14	0530	1943	0519	1734	1116	2331
15	0531	1943	0557	1810	1154	----
16	0532	1942	0633	1845	0004	1230
17	0533	1942	0708	1918	0036	1306
18	0534	1942	0744	1953	0109	1345
19	0535	1942	0826	2037	0146	1432
20	0536	1941	0922	2147	0233	1541
21	0537	1941	1047	2351	0344	1739
22	0538	1940	1220	----	0542	1903
23	0539	1940	0115	1321	0703	1952
24	0540	1939	0204	1407	0752	2030
25	0541	1939	0243	1447	0832	2103
26	0543	1938	0318	1523	0907	2135
27	0544	1938	0351	1558	0941	2205
28	0545	1937	0425	1632	1015	2236
29	0546	1936	0458	1707	1050	2308
30	0547	1935	0533	1741	1126	2340
31	0548	1934	0609	1817	1203	----

## THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. [www.theotter.co.za](http://www.theotter.co.za)

